

THEME: **THINK.EAT.SAVE**

REDUCE YOUR FOOTPRINT!

Guidelines for Categories

Category 4: Click a pic!

Age Group: Grades 7- 9

Students to click pictures when they see blatant waste of food either at home/ school/ public park/ food courts/ restaurants or supermarkets and send it out to dps sharjah mail id with details of how they responded to the act that they witnessed.

Topic: Food waste is not cool. Say 'NO' to food waste!

Tips

- Most household food waste is due to spoilage, excess cooking, or piling up more than you can eat on your plate.
- Share the impacts of food waste from the fact sheet given.
- Over purchasing is also one of the main causes of food waste. Buy only your daily needs.
- Avoid overstocking of food at home. Overstocked food reaches the expiry date before they are even used and then lands up as waste food.
- Avoid piling up food on your plate. Take only what can be eaten. Remember, you can always have more servings, whether at home, at food courts or elsewhere.
- Supermarkets are convinced that customers might reject food that does not have the right size, weight and look. So, most vegetables/ fruits that are perfectly edible but do not look right are discarded.
- Customer expectations of a wide range of products and brands to choose from is also one of the reasons why plenty of expired food items get thrown out from supermarkets and retail stores.
- Talk to your neighbors and family and make an appeal to the supermarket to cut down on food waste. Remember, it is the consumer who makes the difference
- At food courts, there is a lot of wastage of sauce / dressing sachets, side dishes. You can avoid them by telling the vendors not to give you what you will not consume.

Terms and Conditions:

- The following rules must be followed in this category:
 - Cell phone pictures are allowed as long as the image is clear.
 - The picture should be accompanied by a paragraph **or 5- 6 lines** on what positive action the student undertook after he /she witnessed and took a picture of the food waste.
 - A caption should also be given for the image.
 - **A4** paper size to be used for both picture and text.

- **ONLY THREE** entries from the school will be send for final.
- The student's name, age, grade, school name and Emirate must be mentioned at the end of paper.
- The best picture will be evaluated based on (1) action undertaken by student (2) Good Image with clarity (3) Caption given to the picture.

Category 4: Make a difference – Conduct an Awareness Campaign (Group)

Age Group: Grades 7- Grade 9

Students or Interested student groups will conduct an awareness campaign in your school on the theme given below. The campaign can be done as an integrated project for the science/humanities class OR as an Eco Club activity as a part of your school's mitigation efforts for the green audit.

Topic: Campaign on reducing food waste from 'my class' or my 'school'.

Tips

- While there is no data as yet for UAE schools, studies in England indicate that students from primary schools account for more food waste per capita than secondary school students.
- Most of the food waste from schools consists of half eaten food items like half eaten sandwiches, apples and so on.
- The Abu Dhabi Education Council has strict guidelines for schools to serve only safe, healthy and nutritious diet in school canteens.
- Waste audits done by schools registered under the Sustainable Schools Initiative in Abu Dhabi, reveal that food waste stands third in the hierarchy of waste.
- Find out reasons for food waste in your schools and plan your campaign.
- The short duration lunch break in schools enhances food waste as students get distracted with playing as well.
- Schools in the US reported reduced food waste after introducing a recess before the lunch break.
- Schools could have a 'No waste food day / month' and slowly inculcate good behavior among students towards zero food waste.
- Avoid sending your organic waste to the landfill. Compost your organic waste and use the fertilizer for greening your school.
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Terms and Conditions:

- Form your group (minimum of **three** and maximum **five** members).
- The duration of the campaign should be **ONE** day (between 2-3 hours).
- The campaign should be done **during** school hours on a specific date.

- Only the **BEST** campaign project will be send for evaluation.
- The name of the school, Emirate,students, age and grade must be mentioned at the end of the report.
students group to prepare a written report **not exceeding 5 pages**.
- Once written, the Report should be typed by the students and sent to us in the following format:
 - **Paper size: A4.**
 - **Font: Gill Sans**
 - **Font size: 11**
- Choose your main objective for the campaign.
- The first step is to assess the food waste from your class/ school.
- Look up the download on how to conduct audit and manage waste in your school.
- Identify and understand your audience.
- The best campaign will be judged for the quality or methodology of execution. Hence, the preparation before the campaign is most important.
- Participants from the shortlisted campaigns from schools will have to present their campaign in front of the judges. Details of presentations will be communicated to shortlisted schools before the live presentation and judging.
- For more assistance, please refer to Abu Dhabi environment awareness presentation, 'How to carry out an Awareness Campaign'.in the site **envirocomp@ead.ae**
- Evaluation Criteria – Methodology for execution, Quality of Planning and Preparation, Outcome, Outreach, Effectiveness, Creativity, Sustainable Use of Resources.